



Monster Checklist

Emergency Medical Kit

- **Band-Aids**
- **Antibiotic ointment**
- **Gauze pads**
- **Gauze roll e.g. Kerlex**
- **First aid tape**
- **Ace wrap**
- **Instant cold pack**
- **Steri-strips**
- **Tegaderm waterproof bandages**
- **Butterfly bandages and/or steri-strips** for closing wounds
- **Thermometer**
- **Scissors**
- **Tweezers**
- **Surgical blade**
- **Alcohol swabs**
- **Ziplock bags**
- **Saline bottle** for rinsing eyes or wounds
- **Children's Benadryl** for allergic reactions
- **Children's Tylenol (acetaminophen)** and/or
- **Children's Motrin (ibuprofen)** for fevers
- **Children's laxative** for constipation
- **Anti-diarrheal medication** e.g. Immodium
- **Anti-fungal cream** eg 1% clotrimazole cream
- **Anti-itch cream** eg hydrocortisone cream
- **Lists of family members' medical conditions**, including medications and allergies
- **Chronic medications**, including extras
- **Epi-Pens** if a family member has a severe allergy